



Presents....

A MASTER CLASS IN CUBAN SALSA STYLING

in **Nottingham**

for **MEN & WOMEN**

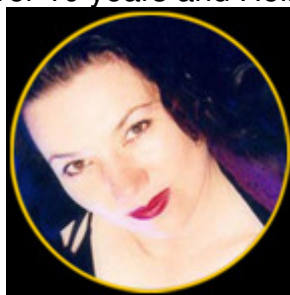
*For Salsa dancers of all levels who want to move with more technique,
sensuality and style!*

SUNDAY 12th October 2-6pm 2008

With

KERRY RIBCHESTER

winner of top UK Salsa teacher award, director of Key 2 Cuba, teacher of Cuban Salsa for over 10 years and Hellerwork practitioner.



Learn how to move, look and feel like a Cuban dancer on every level. Go beyond the steps, free your body from tension and salsa with fluidity, grace and sensuality. This workshop will enhance your body movement and transform your styling using specialist unique techniques from Hellerwork.

For the past 10 years Kerry has travelled to Cuba extensively to analyse body movement and how Cubans move from their core when they dance- which is the essence of Hellerwork. She is a specialist in translating this through dance teaching to non-latin movers. Her training has led her to work with Cubas top teachers including Juan de Dios, Lldoylidia Ramos and Borda Jimnez.

Workshop includes ;

**Salsa, Afro-Cuban dance, Son, Rumba and Reggaeton
Learning to Achieve multi-rhythms in your Salsa, Templeque &
Rumba**

**Put the Cuban Timba flavour into your Salsa partner work
How to apply the principles of Afro-Cuban dance, Orishas, Rumba,
Son, and Reggaeton to add sabor to your personal Salsa style.**

Limited places available so book now to avoid disappointment!

£25 for 4 hours if booked in advance £30 on the door if places available.

To book a place and for details on venue etc please contact

soulsalsadance@yahoo.co.uk

07944 716709 or visit www.artbeatprojects/soulsalsa.htm

Soul Salsa provide workshops, entertainment and private tuition in Salsa dance.

For more information please contact us.